

## University of Rochester Medical Center

presents a new Batten study led by Heather Adams, Ph.D.

### *Characterizing Sleep in Batten Disease*

This study aims to gather more information about sleep function in individuals with CLN2 and CLN3 Batten Disease.

Study activities include:

Affected individuals: provide saliva samples to test melatonin concentration and wear an actigraph (wrist-watch style activity monitor)

Parents/caregivers: complete daily sleep/activity logs, questionnaires about the impact of sleep problems on the well-being of affected individuals and family, and help the affected individual with study participation

### **We are looking for individuals who...:**

- Have a confirmed genetic or enzyme-based diagnosis of CLN2 or CLN3 disease and
- Have any symptoms of CLN2 or CLN3 disease and
- Live at home with at least one primary caregiver
- Have not taken oral melatonin (supplement) in the past 2 weeks, or has only taken it occasionally (no more than 3 times per week).

To learn more, contact: [BattenSleepStudy@URMC.Rochester.edu](mailto:BattenSleepStudy@URMC.Rochester.edu) or call Study Coordinator Marianna Pereira-Freitas at: (585) 274-0205.



## University of Rochester Batten Center

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