

# University of Rochester Medical Center

presents a new Batten study led by Heather Adams, Ph.D.

## Characterizing Sleep in Batten Disease

This study aims to gather more information about sleep function in individuals with CLN2 and CLN3 Batten Disease. Study activities include:

- Affected individuals: provide saliva samples to test melatonin concentration and wear an actigraph (i.e. wrist-watch style activity monitor)
- Parents/caregivers: complete daily sleep/activity logs, questionnaires about the impact of sleep problems on the well-being of affected individuals and family, and help the affected individual with study participation

### **We are looking for individuals who...:**

- Have a confirmed genetic or enzyme-based diagnosis of CLN2 or CLN3 disease and
- Have any symptoms of CLN2 or CLN3 disease and
- Are at least 2 years old and
- Live at home with at least one primary caregiver
- Have not taken oral melatonin (supplement), or are able/willing to stop taking melatonin during study participation (approx. 9-12 days).

To learn more, please contact the study team at

[BattenSleepStudy@URMC.Rochester.edu](mailto:BattenSleepStudy@URMC.Rochester.edu) or

call study coordinator Marianna Pereira-Freitas at (585) 274-0205.



## University of Rochester Batten Center

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